






Table 5 Snapshot of policies, strategies and guidelines with attention to menstrual health across East Asia

	 Information and education	 Services and materials	 Menstrual health care	 Supportive social environment	 Non-discrimination and participation
Cambodia	<ul style="list-style-type: none"> ✓ National Action Plan on Rural Water Supply, Sanitation and Hygiene 2019–2023 ✓ National School Health Policy (2019) 	<ul style="list-style-type: none"> ✓ Minimum Requirement Guidelines on Water, Sanitation and Hygiene in Schools (2016) ✓ National School Health Policy (2019) ✓ National Guidelines for Water, Sanitation and Hygiene in Health Care Facilities (2018) 	✗ Not included	✗ Not included	✗ Not included
Indonesia	<ul style="list-style-type: none"> ✓ National School Health Strategy (2014) ✓ Menstrual Hygiene Management Guideline for Teachers and Parents (2017) ✓ Guidelines on Sexual Reproductive Health (2021) 	<ul style="list-style-type: none"> ✓ Standard Regulation for Designing Disposable Sanitary Pads in Indonesia (2015) ✓ Water, Sanitation and Hygiene Services (WASH in Schools) Roadmap (2017) and National WASH in Schools Guideline (2018) 	<ul style="list-style-type: none"> ✓ National School Health Strategy (2014) 	<ul style="list-style-type: none"> ✓ National School Health Strategy (2014) ✓ Menstrual Hygiene Management Guideline for Teachers and Parents (2017) ✓ Menstrual Hygiene Management Communication Strategy (2018) 	<ul style="list-style-type: none"> ✓ Article 18 of Law No.13/2003 on Labour (2003)
Lao PDR	<ul style="list-style-type: none"> ✓ Education and Sports Sector Development Plan 2021–2025 Comprehensive Sexuality Education 	<ul style="list-style-type: none"> ✓ Decision on Water, Sanitation and Hygiene Standards for Early Childhood Education and General Education (2019) 	<ul style="list-style-type: none"> ✓ National Strategy and Action Plan for Integrated Services on Reproductive, Maternal, Newborn and Child Health 2016–2025 	✗ Not included	✗ Not included
Mongolia	<ul style="list-style-type: none"> ✓ Norms and Requirements for WASH in Schools, Dormitories and Kindergartens (2015) 	<ul style="list-style-type: none"> ✓ Ministry of Education, Culture and Science Norms and Requirements for WASH in Schools, Dormitories and Kindergartens (2015) ✓ Secondary School Dormitory Environment and Services General Requirements (MNS 6781: 2019) 	✗ Not included	✗ Not included	✗ Not included
Myanmar	✗ Not included	<ul style="list-style-type: none"> ✓ National Strategy for Rural WASH, WASH in Schools and WASH in Health Care Facilities (2016) 	✗ Not included	✗ Not included	✗ Not included
Philippines	<ul style="list-style-type: none"> ✓ Policy and Guidelines for the Comprehensive Water, Sanitation and Hygiene in Schools (WASH in Schools) Programme (2016) ✓ Policy Guidelines on Implementing Comprehensive Sexuality Education (2018) 	<ul style="list-style-type: none"> ✓ Basic Education Development Plan 2030 (2020); Policy and Guidelines for the Comprehensive Water, Sanitation and Hygiene in Schools (WASH in Schools) programme (2016) ✓ Gender Responsive Basic Education Policy (2017) 	<ul style="list-style-type: none"> ✓ Adolescent Health and Development: Manual of Operation (2017) 	✗ Not included	✗ Not included
Timor-Leste	<ul style="list-style-type: none"> ✓ Community Action Plan for Sanitation and Hygiene (PAKSI) Guideline (2012) 	<ul style="list-style-type: none"> ✓ Ministry of Education's Water Sanitation and Hygiene (WASH) in Schools Guidelines (2016) 	✗ Not included	✗ Not included	✗ Not included
Viet Nam	✗ Not included	<ul style="list-style-type: none"> ✓ Labour Hygiene Standards (2022): Decision 3733/2022/QĐ-BYT 	✗ Not included	✗ Not included	<ul style="list-style-type: none"> ✓ Labour Code (2019): Article 139, Section 4 of Degree 145/2020/ND-CP ✓ Labour Hygiene Standards (2002): Decision 3733/2022/QĐ-BYT

No information available for China, Democratic Republic of Korea, Malaysia, and Thailand